**TEXAS STATE VITA**

**I. Academic/Professional Background**

A. Name: Christina V. H. Youens Title: Lecturer

B. Educational Background

*Degree Year University Major Thesis/Dissertation*

MS 2004 Texas Woman's

University

BS 2002 Texas A&M University

Nutrition Sciences

Nutrition Sciences

C. University Experience

*Position University Dates*

Lecturer Texas State University 2016 - present

Senior Lecturer, Dietetic

Internship Director

Texas State University 2013 - 2016

Lecturer Texas State University January 2011 - 2013

Lecturer Collin County Community

College

2006 - 2007

Graduate Assistant Texas Woman’s University 2002 - 2004

Teaching Assistant Texas Woman’s University 2002 - 2004

D. Relevant Professional Experience

*Position Entity Dates*

Nutrition Consulting Private Practice September 2011 - July 2012, January 2018-2020

Nutrition Coordinator Frisco ISD October 2005 - January 2007

School Food Broker Lemmons Company June 2004 - October 2005

Dietitian, PRN Medical Center Lewisville March 2004 - March 2005

Dietitian Diabetes Outpatient Center, Medical Center Lewisville

January 2004 - June 2004

E. Other Professional Credentials (licensure, certification, etc.)

Registered Dietitian Certification, Texas Woman’s University Internship. (2004 - Present).

Licensed Dietitian, Texas State Board of Examiners of Dietitians. (2004 - Present).

**II. TEACHING**

A. Teaching Honors and Awards:

Award / Honor Recipient: Alpha Chi Favorite Professor Award.

2015, 2019

B. Courses Taught:

Texas State University:

NUTR 2360 – NUTRITIONAL SCIENCE

NUTR 2361 - NUTRITION ASSESS NUTR 3362 - NUTRITION & HEALTH NUTR 3363 - WELLNESS NUTRITION

NUTR 3364 – SCIENCE OF NUTRITION AND EXERCISE

NUTR 4360 - MEDICAL NUTR THRPY NUTR 5302J - DIET THERAPY

NUTR 4301 – CAREER EXPLORATION

NUTR 4365 – NUTRITION IN THE LIFESPAN NUTR 5360 - PRACTICUM NUTR

NUTR 5364 - SCI OF NUTR & EXER

NUTR 5375 – ADVANCED NUTRITION IN THE LIFESPAN

FCS 3303 – RESEARCH METHODS

**III. SCHOLARLY/CREATIVE**

C. Scholarly / Creative Grants and Contracts:

1. Funded External Grants and Contracts:

Youens, Christina Van Husen. Produce for Better Health Foundation Grant,

$2,350.00. (Funded: 2015). Grant.

**IV. SERVICE**

A. Institutional

1. University:

Nontenure Line Faculty Committee. (2015 - 2016).

3. Department/School:

FM Search Committee. (2016 - 2017). Hospitality Committee. (2015 - 2017). Scholarship Committee. (2014 - 2016). NT Search Committee. (2015).

B. Professional:

Member, Academy of Nutrition and Dietetics. (2002 - Present). Member, Texas Academy of Nutrition and Dietetics. (2002 - Present).

Member, Nutrition & Dietetic Educators and Preceptors DPG (2012-2015, 2019-Present) Member, Weight Management DPG. (2018 – 2020).

Member, Nutrition and Dietetic Educators and Preceptors DPG. (2014 - 2017). Member, Texas Academy of Nutrition and Dietetics Nominating Team. (2015 - 2016). Director, Texas Academy of Nutrition and Dietetics Foundation. (2012 - 2014).

C. Community:

Director, Fig Tree Outreach Program weekend feeding program. (2014 - Present). Member, Wimberley Community Civic Club. (2017 - Present).

Member, Wimberley ISD Student Health Advisory Council. (2013 - 2017).